

PE Curriculum Map

Games

Year 6

- Football, volleyball, rugby, basketball, rounders.
- Control movement with a ball in opposed situations e.g. dribbling.
- Choose and combine accurate passing technique in order to give an advantage to your team..
- Strike a bowled or volleyed ball with accuracy.
- Advise and help others with techniques.
- Follow rules of fair play.
- Explain long term effects of exercise.

Upper KS2

Year 5

- Football, handball, cricket.
- Control movement with a ball in opposed situations e.g. dribbling.
- Use accurate passing skills.
- Strike a bowled ball with accuracy.
- Field accurately and follow the rules of the game.
- Understand fair play and demonstrate this when playing.

Lower KS2

Year 4

- Football, rounders, tennis.
- Move with a ball in opposed situations by maintaining possession.
- Hit a ball accurately and with some control.
- Pass accurately and appropriately.
- Catch a ball accurately whilst moving.
- Discuss why exercise is good for your health.
- Play fairly

Year 2

- Throwing and catching, invasion games, attacking and defending, using simple tactics.
- Control a ball effectively.
- Talk about exercising, safety and short term effects of exercise.

Year 3

- Cricket, hockey, netball.
- Use tactics for attack and defence.
- Control and catch a large ball whilst moving.
- Catch a small ball with control.
- Accurately and appropriately pass to someone else in a game.
- Play fairly.
- Know reasons for warming up.

KS 1

Year 1

- Running, throwing, jumping, travelling, sending, receiving, invasion.
- Stop, catch, pass and bounce a ball.
- Talk about exercising, safety and short term effects of exercise.

EYFS

EYFS

- Negotiates space successfully when playing racing games and chasing games with other children, adjusting speed or changing direction to avoid obstacles.
- Shows increasing control over an object, throwing, catching or kicking.
- Handles objects with increasing control.
- Children show good control and co-ordination.
- They handle equipment effectively.