

Parent/Carer webinars to support your child's mental wellbeing.

As identified by the #beewell data social media use and sleep are negatively impacting children and young people's mental health. Oldham Council have partnered with Pennine Care to produce two webinars on these two important topics.



Central Training	<i>Impacts on social media use on children and strategies for safe social media use for parents/carers</i>	Friday 25th October 10.00-11.30	Join the meeting now Meeting ID: 329 494 400 96 Passcode: DoBCjZ
Central Training	<i>Helping young people sleep session for parents/carers</i>	Friday 18th October 10.00-11.30	Join the meeting now Meeting ID: 336 889 209 51 Passcode: PBMJ4j

To access the webinar just click on the meeting links above. When joining you will be required to give your name, email address and the education setting your child attends in Oldham.