



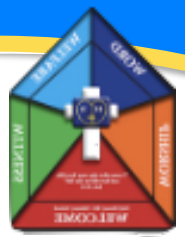
A Parent Guide to Holy Rosary RC Primary RHSE Curriculum.

Module 1 – Created and Loved by God

Module 2 – Created to Love Others

Module 3 – Created to Live in Community

A Parent Guide to 'Life to the full'



Module One: Created and Loved by God

Explores the individual. Rooted in the teaching that we are made in the image and likeness of God, it helps children to develop an understanding of the importance of valuing themselves as the basis for personal relationships.



Early Year Foundation Stage:

- **Me, my Body, My Health**
 - I am me.
 - Head, shoulders, knees and toes.
 - Ready Teddy?
- **Emotional Well-Being**
 - I like, You like, We all like!
 - All the Feelings!
 - Let's Get Real.
- **Life Cycles**
 - Growing up.
 - New People, New Places.
 - Classroom Shorts.

Key Stage One:

- **Me, my Body, My Health**
 - I am unique.
 - Girls and Boys.
 - Clean and Healthy (My Body)
- **Emotional Well-Being**
 - Feelings, Likes and Dislikes.
 - Feelings Inside Out.
 - Super Susie Gets Angry.
- **Life Cycles**
 - The Cycle of Life.
 - Beginnings and Endings.
 - Change Is All Around.
 - Classroom Shorts.

Lower Key Stage Two:

- **Me, my Body, My Health**
 - We Don't Have To Be The Same.
 - Respecting Our Bodies.
 - What is Puberty?
 - Changing Bodies.
- **Emotional Well-Being**
 - What Am I Feeling?
 - What Am I Looking At?
 - I Am Thankful.
- **Life Cycles**
 - Life Cycles.
 - A Time for Everything.
 - Big Changes, Little Changes.
 - Classroom Shorts

Upper Key Stage Two:

- **Me, my Body, My Health**
 - Gifts and Talents.
 - Girls' Bodies.
 - Boys' Bodies
 - Spots and Sleep.
- **Emotional Well-Being**
 - Body Image.
 - Peculiar Feelings.
 - Emotional Changes.
 - Seeing Stuff Online.
- **Life Cycles**
 - Making Babies.
 - Menstruation.
 - Hope Beyond Death.
 - Coping with Change.
 - Classroom Shorts.

Religious Understanding



Story Sessions:

Each learning stage focuses on a different Gospel story, which is repeated in various ways over a week, giving rise to times of discussion, imaginative reflection and creative response, for example in Key Stage One children will hear and reflect on the story of Jesus telling the little children to come to Him and through imaginative reflection will put themselves into the story to experience Jesus' call personally. In upper Key Stage Two, the story is that of Jesus calming the storm, and is used to reflect on how whatever might come their way through puberty and beyond, Jesus is with them and will help them.



A Parent Guide to 'Life to the full'



Module Two: Created to Love Others

Explores the individual's relationships with others. Building on the understanding that we have been created out of love and for love, this unit explores how we take this calling into our family, friendships and relationships, and teaches strategies for developing healthy relationships.



Early Year Foundation Stage:

- **Personal Relationships**
 - Who's who?
 - You've Got a Friend in Me
 - Forever Friends
- **Life Online**
 - What is the Internet?
 - Playing Online
- **Keeping Safe**
 - Safe Inside and Out
 - My Body, My Rules.
 - Feeling Poorly.
 - People Who Help Us.

Key Stage One:

- **Personal Relationships**
 - Special People.
 - Treat others well ...
 - ... and Say Sorry.
- **Life Online**
 - Real Life Online.
 - Rules To Help Us.
- **Keeping Safe**
 - Good and Bad Secrets
 - Physical Contact
 - Harmful Substances
 - Can You Help Me?



Lower Key Stage Two:

- **Personal Relationships**
 - Family, Friends and Others...
 - When Things Feel Bad.
- **Life Online**
 - Sharing Online.
 - Chatting Online.
- **Keeping Safe**
 - Safe in My Body.
 - Drugs, Alcohol and Tobacco.
 - First Aid Heroes.
 - Rights and Responsibilities.

Upper Key Stage Two:

- **Personal Relationships**
 - Under Pressure.
 - Do You Want a Piece of Cake?
 - Self-Talk.
 - Build Others Up.
- **Life Online**
 - Sharing Isn't Always Caring.
 - Cyberbullying.
- **Keeping Safe**
 - Types of Abuse.
 - Impacted Lifestyles.
 - Making Good Choices.
 - Giving Assistance.

Religious Understanding



Story Sessions:

At the start of each learning stage, we begin with a series of story sessions based on a key Gospel story which provides the religious foundation for the teaching that will follow. For example, through an imaginative retelling of the Prodigal Son, children deepen their understanding of the concept of sin and the importance of forgiveness in relationships.

A Parent Guide to 'Life to the full'



Module Three: Created to Live in Community

Explores the individual's relationships with the wider world. Here we explore how human beings are relational by nature and are called to love others in the wider community through service, through dialogue and through working for the Common Good.

The Communities we LIVE in



Early Year Foundation Stage:

- **Living in the Wider World**
 - Me, You, Us
 - When I Grow Up ...
 - 'Money Doesn't Grow On Trees'

Key Stage One:

- **Living in the Wider World**
 - The Communities We Live in
 - Who Will I Be?
 - Needs and Wants



Lower Key Stage Two:

- **Living in the Wider World**
 - How Do I Love Others?
 - Working Together
 - Money Matters

Upper Key Stage Two:

- **Living in the Wider World**
 - Reaching Out
 - The World of Work
 - Money and Me



Story Sessions:

In the first Unit, Religious Understanding, the sessions help children to develop a concept of the Trinity at a level appropriate for their learning stage. They learn about the creative circle of love between Father, Son and Spirit. Children will learn that just like the Trinity of God, we are made to love God and love others, and we are made to be loved by God and others. This extends not only to us, our families, our friends and our personal relationships, but also to the wider world.