



		Autumn		Spring				Summer			
Year 1	School Rules, Routines School Mission and Values	Religious Understanding <ul style="list-style-type: none"> <li>• Three in one</li> <li>• Who is my neighbour</li> </ul>	Living in the Wider World <ul style="list-style-type: none"> <li>• The communities we live in</li> <li>• Who will be ? Needs and Wants</li> </ul>	Religious Understanding <ul style="list-style-type: none"> <li>• God loves you</li> </ul>	Personal Relationships <ul style="list-style-type: none"> <li>• Special People</li> <li>• Treat others well</li> <li>• ... and say sorry</li> </ul>	Life Online <ul style="list-style-type: none"> <li>• Real life online</li> <li>• Rules to help us</li> </ul>	Keeping Safe <ul style="list-style-type: none"> <li>• Good and Bad secrets</li> <li>• Physical contact</li> <li>• Harmful substances</li> <li>• Can you help me (Part 1 &amp; 2)</li> </ul>	Religious Understanding <ul style="list-style-type: none"> <li>• Let the children come</li> </ul>	Me, my body, my health <ul style="list-style-type: none"> <li>• I am unique</li> <li>• Girls and boys</li> <li>• Clean and Healthy (My Body)</li> </ul>	Emotional Well-being <ul style="list-style-type: none"> <li>• Feelings and Dislikes</li> <li>• Feeling inside out</li> <li>• Super Susie gets angry</li> </ul>	Life Cycles <ul style="list-style-type: none"> <li>• The life cycle</li> <li>• Beginnings and ends</li> <li>• Change is all around</li> </ul>
Year 2		Religious Understanding <ul style="list-style-type: none"> <li>• Three in one</li> <li>• Who is my neighbour</li> </ul>	Living in the Wider World <ul style="list-style-type: none"> <li>• The communities we live in</li> <li>• Who will be ?</li> <li>• Needs and Wants</li> </ul>	Religious Understanding <ul style="list-style-type: none"> <li>• Let the children come</li> </ul>	Me, my body, my health <ul style="list-style-type: none"> <li>• I am unique</li> <li>• Girls and boys</li> <li>• Clean and Healthy ( My Body )</li> </ul>	Emotional Well-being <ul style="list-style-type: none"> <li>• Feelings and Dislikes</li> <li>• Feeling inside out</li> <li>• Super Susie gets angry</li> </ul>	Life Cycles <ul style="list-style-type: none"> <li>• The life cycle</li> <li>• Beginnings and ends</li> <li>• Change is all around</li> </ul>	Religious Understanding <ul style="list-style-type: none"> <li>• God loves you</li> </ul>	Personal Relationships <ul style="list-style-type: none"> <li>• Special People</li> <li>• Treat others well</li> <li>• ... and say sorry</li> </ul>	Life Online <ul style="list-style-type: none"> <li>• Real life online</li> <li>• Rules to help us</li> </ul>	Keeping Safe <ul style="list-style-type: none"> <li>• Good and Bad secrets</li> <li>• Physical contact</li> <li>• Harmful substances</li> <li>• Can you help me (Part 1 &amp; 2)</li> </ul>



	Autumn		Spring				Summer				
Year 3	School Rules, Routines School Mission and Values	Religious Understanding <ul style="list-style-type: none"> <li>• A community of Love</li> <li>• What is the church ?</li> </ul>	Living in the Wider World <ul style="list-style-type: none"> <li>• How do I love others ?</li> <li>• Working together</li> <li>• Money Matters</li> </ul>	Religious Understanding <ul style="list-style-type: none"> <li>• Jesus, my friend</li> </ul>	Personal Relationships <ul style="list-style-type: none"> <li>• Family, friends and Others...</li> <li>• When things feel bad</li> </ul>	Life Online <ul style="list-style-type: none"> <li>• Sharing online</li> <li>• Chatting online</li> </ul>	Keeping Safe <ul style="list-style-type: none"> <li>• Safe in my body</li> <li>• Drugs, alcohol and Tobacco</li> <li>• First Aid Heroes</li> <li>• Rights and responsibilities</li> </ul>	Religious Understanding <ul style="list-style-type: none"> <li>• Get up</li> <li>• The Sacraments</li> </ul>	Me, my body, my health <ul style="list-style-type: none"> <li>• We don't have to be the same</li> <li>• Respecting our bodies</li> <li>• What is puberty ?</li> <li>• Changing bodies</li> <li>• Male/Female discussion group</li> </ul>	Emotional Well-being <ul style="list-style-type: none"> <li>• What am I feeling ?</li> <li>• What am I looking at ?</li> <li>• I am thankful</li> </ul>	Life Cycles <ul style="list-style-type: none"> <li>• Life cycles</li> <li>• A time for everything</li> <li>• Big changes, Little changes</li> </ul>
Year 4		Religious Understanding <ul style="list-style-type: none"> <li>• A community of Love</li> <li>• What is the church ?</li> </ul>	Living in the Wider World <ul style="list-style-type: none"> <li>• How do I love others ?</li> <li>• Working together</li> <li>• Money Matters</li> </ul>	Religious Understanding <ul style="list-style-type: none"> <li>• Get up</li> <li>• The Sacraments</li> </ul>	Me, my body, my health <ul style="list-style-type: none"> <li>• We don't have to be the same</li> <li>• Respecting our bodies</li> <li>• What is puberty ?</li> <li>• Changing bodies</li> <li>• Male/ Female discussion group</li> </ul>	Emotional Well-being <ul style="list-style-type: none"> <li>• What am I feeling ?</li> <li>• What am I looking at ?</li> <li>• I am thankful</li> </ul>	Life Cycles <ul style="list-style-type: none"> <li>• Life cycles</li> <li>• A time for everything</li> <li>• Big changes, Little changes</li> </ul>	Religious Understanding <ul style="list-style-type: none"> <li>• Jesus, my friend</li> </ul>	Personal Relationships <ul style="list-style-type: none"> <li>• Family, friends and Others...</li> <li>• When things feel bad</li> </ul>	Life Online <ul style="list-style-type: none"> <li>• Sharing online</li> <li>• Chatting online</li> </ul>	Keeping Safe <ul style="list-style-type: none"> <li>• Safe in my body</li> <li>• Drugs, alcohol and Tobacco</li> <li>• First Aid Heroes</li> <li>• Rights and responsibilities</li> </ul>



	Autumn		Spring				Summer				
Year 5	School Rules, Routines School Mission and Values	<b>Religious Understanding</b> <ul style="list-style-type: none"> <li>The Holy Trinity</li> <li>Catholic Social Teaching</li> </ul>	<b>Living in the Wider World</b> <ul style="list-style-type: none"> <li>Reaching out</li> <li>The world of Work</li> <li>Money and me</li> </ul>	<b>Religious Understanding</b> <ul style="list-style-type: none"> <li>God is calling you</li> </ul>	<b>Personal Relationships</b> <ul style="list-style-type: none"> <li>Under pressure</li> <li>Do you want a piece of cake ?</li> <li>Self Talk</li> <li>Build others up</li> </ul>	<b>Life Online</b> <ul style="list-style-type: none"> <li>Sharing isnt always caring</li> <li>Cyber-bullying</li> </ul>	<b>Keeping Safe</b> <ul style="list-style-type: none"> <li>Types of abuse</li> <li>Impacted Lifestyles</li> <li>Making good choices</li> </ul>	<b>Religious Understanding</b> <ul style="list-style-type: none"> <li>Calming the storm</li> </ul>	<b>Me, my body, my health</b> <ul style="list-style-type: none"> <li>Gifts and talents</li> <li>Girls bodies</li> <li>Boys bodies</li> <li>Spots and sleep</li> </ul>	<b>Emotional Well-being</b> <ul style="list-style-type: none"> <li>Body image</li> <li>Peculiar feelings</li> <li>Emotional changes</li> </ul>	<b>Life Cycles</b> <ul style="list-style-type: none"> <li>Making babies</li> <li>( Part 1 &amp; 2 )</li> <li>Menstruation</li> <li>Hope beyond death</li> <li>Coping with change</li> </ul>
Year 6		<b>Religious Understanding</b> <ul style="list-style-type: none"> <li>The Holy Trinity</li> <li>Catholic Social Teaching</li> </ul>	<b>Living in the Wider World</b> <ul style="list-style-type: none"> <li>Reaching out</li> <li>The world of Work</li> <li>Money and me</li> </ul>	<b>Religious Understanding</b> <ul style="list-style-type: none"> <li>Calming the storm</li> </ul>	<b>Me, my body, my health</b> <ul style="list-style-type: none"> <li>Gifts and talents</li> <li>Girls bodies</li> <li>Boys bodies</li> <li>Spots and sleep</li> </ul>	<b>Emotional Well-being</b> <ul style="list-style-type: none"> <li>Body image</li> <li>Peculiar feelings</li> <li>Emotional changes</li> </ul>	<b>Life Cycles</b> <ul style="list-style-type: none"> <li>Making babies</li> <li>( Part 1 &amp; 2 )</li> <li>Menstruation</li> <li>Hope beyond death</li> <li>Coping with change</li> </ul>	<b>Religious Understanding</b> <ul style="list-style-type: none"> <li>God is calling you</li> </ul>	<b>Personal Relationships</b> <ul style="list-style-type: none"> <li>Under pressure</li> <li>Do you want a piece of cake ?</li> <li>Self Talk</li> <li>Build others up</li> </ul>	<b>Life Online</b> <ul style="list-style-type: none"> <li>Sharing isnt always caring</li> <li>Cyber-bullying</li> </ul>	<b>Keeping Safe</b> <ul style="list-style-type: none"> <li>Types of abuse</li> <li>Impacted Lifestyles</li> <li>Making good choices</li> </ul>

Each unit starts with a module focusing on Religious Understanding (start of each term)