

Relationship and Sex Educational Policy (RSE)



OVERVIEW

The aim of Relationship and Sex education is to provide children with age appropriate information, Relationship and Sex education enables children to be happy, healthy and safe – we want to equip them for adult life and to make a positive contribution to society. We encourage our pupils to explore attitudes and values and develop skills in order to empower them to make positive decisions about their health-related behaviour and enable them to show an understanding of and acceptance of all areas within the equalities act. In doing so we help develop their sense of self-worth. They learn to appreciate what it means to be a positive member of a diverse multicultural society. The RSE curriculum enables all pupils to be safe and to understand and develop healthy relationships both now and in their future lives. In addition, RSE will promote self-esteem and emotional health and well-being and help children form and maintain worthwhile and satisfying relationships, based on respect for themselves and for others, at home, school, work, in the community and beyond. Although RSE is taught through different aspects of the curriculum it will be rooted in the RE and PSHE.

OBJECTIVES

- 1 Develop the building blocks needed for positive and safe relationships of all kinds.
- 2 Develop listening and discussion skills
- 3 Learn how to treat each other with kindness.
- 4 Recognise the difference between online and offline friendships.
- 5 Explore the wonder of being special and unique
- 6 Provide a framework in which sensitive discussions can take place
- 7 Prepare pupils for puberty, and give them an understanding of sexual development and the importance of health and hygiene
- 8 Help pupils develop feelings of self-respect, confidence and empathy
- 9 Create a positive culture around issues of sexuality, identity and relationships
- 10 Teach pupils the correct vocabulary to describe themselves and their bodies

STRATEGIES

1. Teaching will be active and include; Discussions, prayers and time for reflection
2. Religious and Sex Education will become a stimulus and a springboard for the development of spiritual, moral, social and cultural education.
3. The School Nurse will be invited into the school to talk about healthy relationships in Upper Key Stage 2
4. We will teach RSE in a variety of ways and will follow The Journey in Love scheme

OUTCOMES

The development of pupils' RSE awareness will be taught in such a manner that children of all abilities, level of maturity and personal circumstances will be considered in a sensitive manner. Our teaching of RSE will ensure sufficient attention is paid to developing the self-esteem of children in order that they can make informed choices in the future. The children will also be provided with sufficient factual knowledge related to their age. Pupils will demonstrate a healthy outlook towards school life and their learning journey by developing good learning behaviours and relationships.

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Data Protection Statement

The procedures and practice created by this policy have been reviewed in the light of our Data Protection Policy. All data will be handled in accordance with the school's Data Protection Policy.

As such, our assessment is this policy.

Has Few / No Data Compliance Requirements	Has A Moderate Level of Data Compliance Requirements	Has a High Level of Data Compliance Requirements
✓		

Data Audit For This Policy					
What?	Probable Content	Why?	Who?	Where?	When?
Registration Admission Staff records	Name D.O.B. Telephone Details	Details for contacting parents and staff to indicate staff closure	SLT and Administration staff	Recorded electronically on SIMS and school App	Held on file throughout the child's time at the school. Computer retains copy of records in 'archive'.

Revised and adopted by the Governing Body on: 30th November 2022

Signed: *P. Devine*

Date to be reviewed: 30th November 2024